



Burlington Eagles Programming Outline U10 – U13 AAA

The Burlington City Rep Hockey Club provides opportunities for players and families to be in an environment and culture that has clear pathways for achievement and excellence. Our program has experienced coaches, expert development skills coaches and excellent resources.

Using the most qualified coaches and the highest level of local on-ice skill coaches, we ensure that every Eagles player and team can excel in all aspects of technical, tactical, and team development giving our team's the best chance to have developing and winning success throughout the season.

The Eagles Hockey Club believes in progressive programming for our Eagles athletes. We continue to transform and improve our programming based on feedback from the Eagles Hockey Committee, Eagles Development Skills Team, Eagles Coaches, Eagles Convenors and Eagles Families.

U10 – U13 AAA Burlington Eagles 2025-26 Programming Will Include:

EXPERIENCED EAGLES COACHES:

- Bios on all our AAA coaches can be found on the Eagles website under the News Article posted February 15th, 2025.

EXPERIENCED EAGLES DEVELOPMENT SKILLS COACHES:

- Bios on our Development Coaches can be found on the Eagles website under the NLT Development Tab>NLT Coach Bios

ICE COMMITMENTS:

- Training Camp – August 25th – August 31st
- **Premium Ice Times** and no regular 6:00am practices
- Approximately 4 hours of practice time per week at City of Burlington arenas and/or Shield Performance Center
- Set some game night, time, and arena at Appleby Ice Center
- 1-2 Set practice times

ON ICE DEVELOPMENT:

- Qualified club provided Development Skills Coach
- Qualified club provided Power Skating Coach
- Qualified club provided Goalie Coach
- Customized Forwards and Defensemen Skill development for position specific training
- Customized Goalie Skill development for positioning specific training
- 8 – 10 Scheduled NLT Skills sessions per team from September to February
- 8 – 10 Scheduled NLT Power Skating sessions per team from September to February
- 10 NLT Goalie session per partners from September to February at Power Play Training Facility and 3 Goalie sessions at Eagles practices

VIDEO DEVELOPMENT:

- Club provided Pixolett camera to record all games and selected practices
- Video Breakdown and Analysis through Vidswap or HUDL InStat
- Scheduled video sessions by Coaches in Eagles video room

SOCIAL MEDIA:

- Partnership with Alyssa Raye Productions - Social Media Management, Videography, Photography, Content Creation and Media Dominance for players and teams

MENTORSHIP PROGRAM:

- The Club provides Burlington Cougars OJHL player(s) for On-Ice team practices
- Developing a connection and pathway between the Eagles Club and the Cougars Club

COMMUNITY INVOLVEMENT:

- Partnership with Gift of Giving Back – Largest Youth-Led Community food drive in Canada supporting ten member agencies in the Halton Region
- Registered Charitable Foundation and established by Eagles Executives

TOURNAMENTS:

- Encouraged to register for 4 Tournaments from September to April
- 3 Ontario Tournaments to be paid by the Eagles Club
- All Silver Stick Finals, OMHA's Championships and OHF Finals will be paid by the Eagles Club and would be in addition to the 4 tournaments allowed

DRESSING ROOM:

- Use of the Eagles Locker Room at Appleby 1 for some home games throughout the season

UNIFORMS:

- An additional third Gold Jersey and Socks for each AAA team provided by the Eagles Club
- Practice jerseys provided by the Eagles Club for each team

APPAREL:

- The Eagles Club will provide a hoodie, long sleeve shirt, and toque to each player

BUS RENTAL:

- Cougars/Eagles Bus Rental available to rent for an away game from September to April at a reduced rate

INTER-LEAGUE PLAY:

- Burlington is in a Prime Geographical Location to play GTHL and Alliance Hockey Teams based on the OHF Player Movement Committee's decision on regional play per OHF website

REGISTRATION:

- Electronic signed Offer of Commitment by Player and Coach
- 5 Installments Payments to be made as follows: Date of Commitment to the Team, August 15th, September 15th, October 15th, November 15th